

Dr. Beatriz Torrado-Ridgley

GERIATRICS

As a first-generation American whose parents immigrated from Spain, I grew up as a dual citizen raised in the Spanish community of Los Angeles. I chose a career in healthcare because I wanted to teach people how to help themselves live healthier and longer lives. At CareMore, I like the team approach of doctors, nurses, physician assistants, nurse practitioners and the Care Centers all working together as a team for patients so they can access all the care they need. I'm proud to say my parents are CareMore patients, so I know they're getting the best care. In my free time, I enjoy cooking, especially my family recipes from Spain, Spanish dance, singing, needlepoint and playing bocce ball at the beach.

Education: Bachelor's degree in Cell Bio/Biochem and Spanish Literature from University of California San Diego

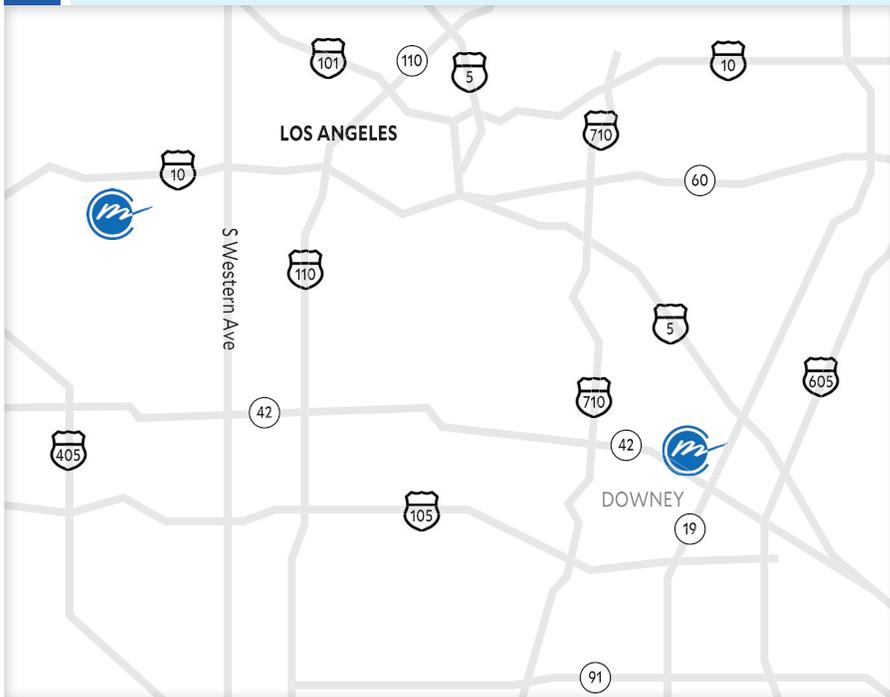
Medical degree from University of New England
College of Osteopathic Medicine

Residency: Downey Regional Medical Center

Office Languages: English, Spanish, Galician



“ I believe in the doctor and patient working together as a team to help you achieve your best self! ”



To schedule an appointment with Dr. Torrado-Ridgley at one of her convenient locations, call:

562-231-2470

8255 Firestone Blvd, #500
Downey, CA 90241

3711 S La Brea Ave
Los Angeles, CA 90016

